



THE
REAL JAPAN

“Chase your Passion”

ZEN EXPLORATION

ZEN Exploration

14D / 13N

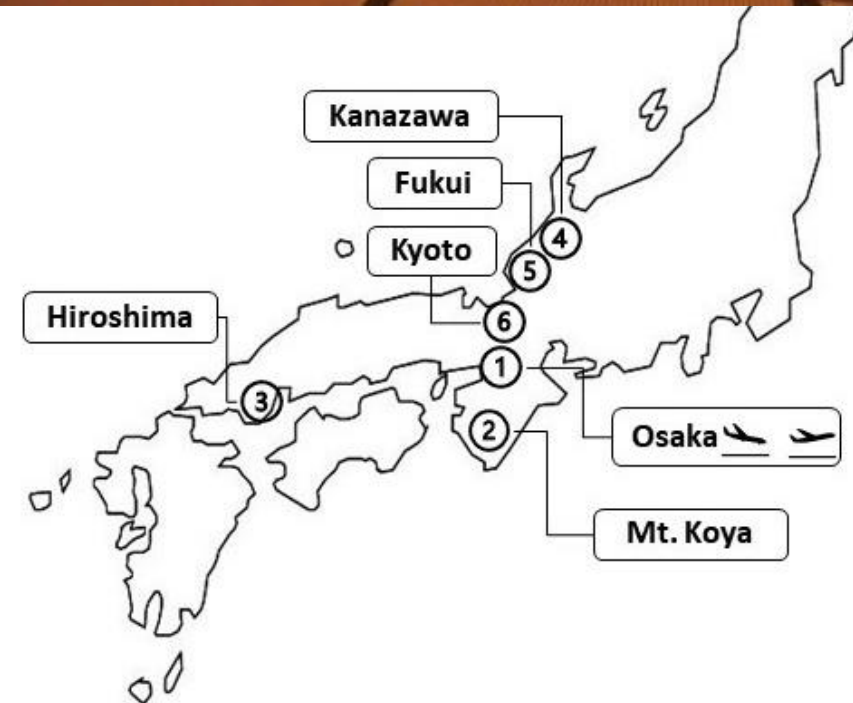
Summary

Buddhism was introduced to Japan by monks from China and evolved over the centuries into the unique Zen philosophy, which, for many years and still up this days, influenced the Japanese society.

With a fine balance between authentic yet comfortable monasteries and fine accommodation, this immersing journey combines relaxed sightseeing to discover the influence of Zen in fine arts, gardens and architecture from the past and present, with private encounters with monks and tea masters to gain deep personal understanding of this unique philosophy and religion.



Osaka	2N
Mt Koya	1N
Tokyo	3N
Hiroshima	2N
Kanazawa	2N
Eiheji	2N
Kyoto	4N



ZEN Exploration

Highlights

Discover Central & Western Japan: Arrive & Depart in Osaka, visiting famous & lesser-known destinations, all relevant to Japan's **Zen philosophy & history**.

Awajishima Island: Zen paintings & hands-on experience

Mt Koya: Sightseeing and Stay at a Zen Monastery

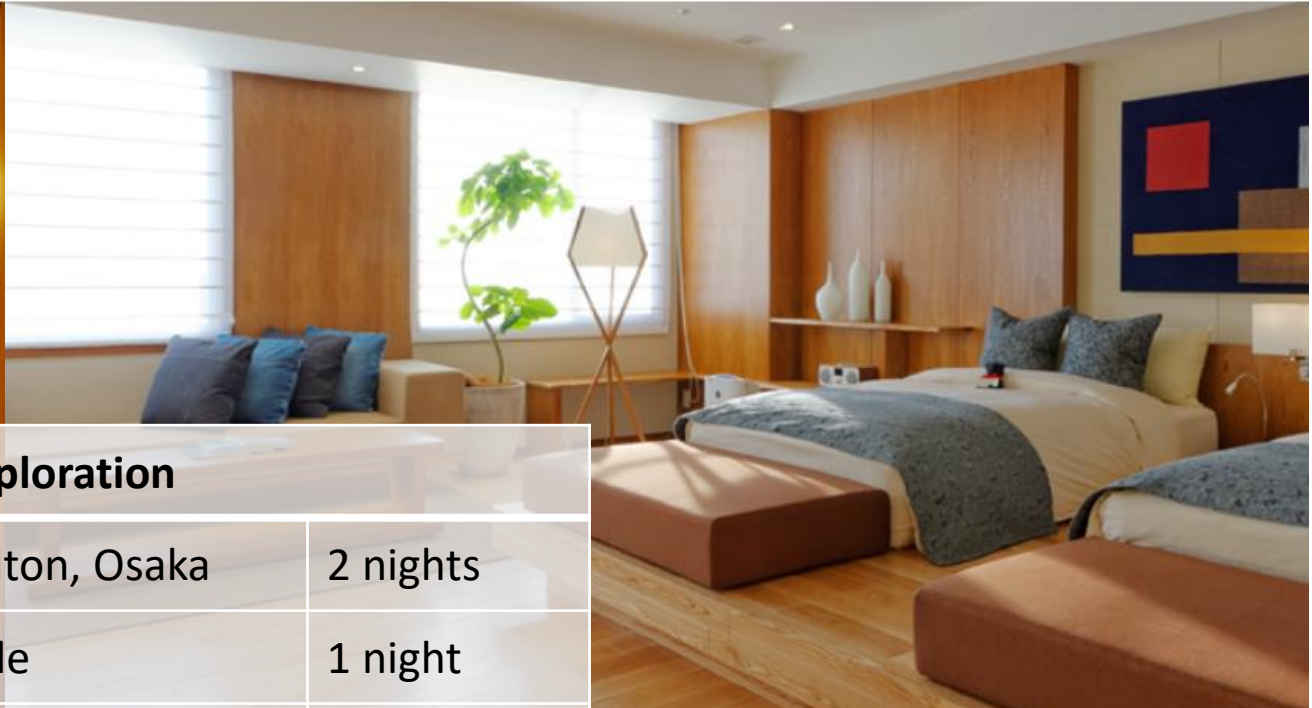
Onomichi: sightseeing & Immersive "Zen Art"

Kanazawa : Sightseeing & Zen Architecture

Fukui: Eiheiiji Temple visit & meditation experience, staying at " Zen ryokan-style "lodging.

Kyoto: Zen-focused sightseeing, **Private Tea Ceremony**, Private **encounter and meditation with Zen monk**, sightseeing in suburban Arashiyama.





Zen Exploration		
Osaka	The Ritz-Carlton, Osaka	2 nights
Mt Koya	Soji-in Temple	1 night
Hiroshima (Onomichi)	Bella Vista Spa & Marina	2 nights
Kanazawa	Hyatt Centric Kanazawa	2 nights
Eiheji	Eiheiji Hakujukan	2 nights
Kyoto	The Ritz-Carlton Kyoto	4 nights